



To schedule an appointment call
(620) 326-8906 ext.
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What is Child Check?

Child check is a free developmental screening to check a child's learning, speaking, moving, seeing and hearing skills. Since all children develop differently parents may not know if their child is on the right track. If a child needs further evaluation, a referral will be made to the appropriate service.



Child checks are held once monthly in the Futures Resource Center (FRC) at 2414 North A street. They are by appointment only and services are free.



Futures Unlimited, Inc.
2410 North A
Wellington, KS 67152
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in collaboration with
The Women of Wellington.

Child Checks

Is your child on target developmentally?



FREE
developmental
screenings for
ages 0-5



in collaboration with *The Women of Wellington.*

Developmental Milestones

Listed below are some skills that are signs of typical development for children from birth to 5 years of age. Remember, each child is different and may learn and grow at a different pace. These differences may or may not be cause for concern. As a parent you are the most important observer of your child's growth and development.

By 3 months

Thinking and Moving

- Turn head from side to side when lying on his/her stomach
- Follow a moving object or person with his/her eyes
- Grasp rattle when given to him/her
- Wiggle and kick with arms and legs
- Turn head toward bright colors and lights
- Turn toward the sound of a human voice
- Respond to your shaking a rattle or ball

Talking and Playing

- Make cooing, gurgling sounds
- Smile when smiled at
- Communicate hunger, fear, discomfort (through crying or facial expression)
- Usually quiet down at the sound of a soothing voice or when held
- Anticipate being lifted
- React to "peek-a-boo" games

By 6 months

Thinking and Moving

- Hold head steady when sitting with your help
- Reach for and grasp objects
- Help hold the bottle during feeding
- Explore by mouthing and banging objects
- Move toys from one hand to another
- Shake a rattle
- Pull up to a sitting position on his/her own if you grasp his/her hands
- Sit with only a little support
- Sit in a high chair
- Roll over
- Open his/her mouth for the spoon
- Imitate familiar actions you perform

Talking and Playing

- Babble, making almost sing-song sounds
- Know familiar faces
- Laugh and squeal with delight
- Scream if annoyed
- Smile at his/herself in a mirror

By 12 months

Thinking and Moving

- Drink from a cup with help
- Grasp small objects by using his/her thumb and index or forefinger
- Use his/her first finger to poke or point
- Put small blocks in and take them out of a container
- Sit well without support
- Crawl on hands and knees
- Pull himself to stand or take steps holding onto furniture
- Cooperate with dressing by offering a foot or an arm
- Copy sounds and actions you make
- Look for an object she/he watched fall out of sight (such as a spoon that falls under the table)

Talking and Playing

- Babble, but it sometimes "sounds like" talking
- Say his/her first word
- Recognize family members' names
- Raise his/her arms when she wants to be picked up
- Understand simple commands

By 18 months

Thinking and Moving

- Like to pull, push, and dump things
- Turn pages in a book
- Stack 2 blocks
- Walk without help
- Run stiffly, with eyes on the ground
- Identify an object in a picture book
- Put a round lid on a round pot
- Follow simple 1-step directions
- Solve problems by trial and error

Talking and Playing

- Say 8-10 words you can understand
- Look at a person who is talking to him/her
- Use "hi," "bye" and "please," with reminders
- Ask for something by pointing or by using one word
- Become anxious when separated from parents

- Bring toys to share with parent
- Act out a familiar activity in play
- Compete with other children for toys
- Recognize himself/herself in the mirror or in pictures
- Seem selfish at times

By age 2

Thinking and Moving

- Feed himself/herself with a spoon
- Put arms in sleeves with help
- Build a tower of 3-4 blocks
- Toss or roll a large ball
- Bend over to pick up a toy and not fall
- Walk up steps with help
- Take steps backward
- Like to take things apart
- Explore surroundings
- Point to 5-6 parts of a doll when asked

Talking and Playing

- Have a vocabulary of several hundred words
- Use 2-3 word sentences
- Listen to short rhymes
- Like to imitate parents
- Sometimes get angry and have temper tantrums
- Comfort a distressed friend or parent

By age 3

Thinking and Moving

- Feed self with some spilling
- Wash and dry hands
- Take off simple clothes
- Mark purposefully with crayon
- Throw a ball over head
- Pedal a trike
- Look at books and turn pages
- Avoid some dangers such as hot
- Follow one-step directions
- Identify big and small

Talking and Playing

- Imitate familiar household tasks
- Play next to other children and join in laughter
- Claim and defend possessions
- Make most sounds understandable
- Use 3 to 5 word sentences
- Answer simple "wh" questions
- Know first and last names

By age 4

Thinking and Moving

- Serve self food
- Brush teeth with help
- Put on simple clothes
- Copy lines, circles, and draw face
- Catch a bounced ball
- Swing unaided
- Point to and name objects in books
- Move around immediate neighborhood
- Follow two- and three-step familiar directions
- Sort by shape and color

Talking and Playing

- Enjoy playing dress-up
- Share toys in play with others
- Follow simple rules
- May still make such common sounds errors as "r", "s", "l" and blends "sl", and "cr"
- Combine two or more sentences
- Ask "wh" questions
- Tell simple stories
- Know age and gender

By age 5

Thinking and Moving

- Use a fork and knife well
- Wash and dry face and brush teeth unaided
- Dress and undress unaided
- Draw simple figures
- Catch a tossed ball
- Jump over low objects
- Know simple songs or stories
- Cross the street safely
- Follow three-step unfamiliar instructions
- Name colors and numbers

Talking and Playing

- Engage in complex pretend play
- Initiate play and play with others
- Resolve conflicts with peers
- Can be understood by strangers
- Use past and future tense in complex sentences
- Answer "wh" questions
- Enjoy riddles and jokes
- Know phone number and address

